

# INVITATION

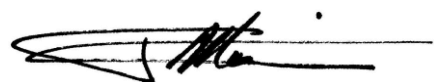
## *Join us in Sydney for the 43rd Australian Atherosclerosis Society Annual Scientific Meeting*

On behalf of the Australian Atherosclerosis Society, I would like to invite you to participate in our Annual Scientific Meeting in 2017, to be held at the National Maritime Museum in Sydney from the Wednesday 25 October until Friday 26 October 2017.

The Annual Scientific Meeting this year will incorporate a distinctly increased clinical focus, taking a bench to bedside approach throughout the various topics presented, and is expected to be our biggest ASM to date.

Please join us to make this meeting the most successful yet.

We look forward to seeing you in Sydney, New South Wales.



**Trevor Mori**  
AAS President

### ***Organising Committee***

Dr Anna Calkin ( Program Secretary)  
Prof. Trevor Mori (President)  
Prof. Stephen Nicolls (Clinical Council Chair)

### ***Key dates***

March 31	Annual subscriptions were due!
July 28	Abstract deadline
August 18	Early bird registration closes
September 5	Acceptance Notification of Abstracts
September 25	Final program due
September 30	Abstract withdrawn if author not registered
October 25 - 27	Annual Scientific Meeting

## INVITED SPEAKERS

Prof. Jay Heinecke (USA)  
Prof. Alicia Jenkins (NSW)  
Prof. David Celermajer (NSW)

Prof. Michael Gracey (NSW)  
Dr Mike Inouye (VIC)  
Dr Connie Wong (VIC)

## MEETING ORGANISER

If you have any questions, please contact Natasha Whitwell, Jennifer Murphy or Michelle Clarke at Your Secretariat.

Telephone +61 2 4356 0007  
Email [admin@yoursecretariat.com.au](mailto:admin@yoursecretariat.com.au)  
Internet [www.athero.org.au](http://www.athero.org.au)

YOUR  
secretariat

# PRELIMINARY PROGRAM

The diversity and quality of invited speakers is sure to provide excellent opportunities to increase knowledge and understanding of atherosclerosis. Free communications will be scheduled in each session.

Sessions will include discussion on:

- Microbiome, Nutrition and CVD
- Insulin Resistance, Diabetes and Complications
- Obesity, oxidative stress and atherosclerosis
- Novel imaging methodologies
- Exercise and CVD
- CVD in indigenous Australians
- Lipid metabolism and atherosclerosis
- Risk markers for CVD

## **Wednesday October 25**

7.30am - 5.00pm Registration open  
8.30am - 5.35pm Conference sessions  
5.35pm - 7.00pm Welcome Reception

## **Thursday October 26**

7.00am - 5.00pm Registration Open  
7.30am - 9.00am Young Investigators' Breakfast Session  
8.00am - 9.00am Sponsors' Breakfast (*by invitation only*)  
9.00am - 6.00pm Conference sessions  
7.00pm - 10.00pm AAS ASM Awards Dinner

## **Friday October 26**

8.00am - 3.00pm Registration Open  
8.30am - 3.00pm Conference sessions  
3.00pm - 3.45pm AAS Annual General Meeting & Close

# AWARDS

## **Young Investigator and Student Awards**

A panel of independent referees will review all abstracts submitted by Young Investigator and Student Award nominees. Finalists will be selected (based on average scores) and the highest scoring abstracts, in both the YI and student categories will be asked to prepare an oral presentation (10 minutes to present and 5 minutes for Q&A). These finalists will be judged on their presentation, with the opportunity to win either the YI or Student oral award.

Traditionally the next highest scoring abstracts would be awarded a finalist place in the moderated poster session. This year AAS has decided to increase the value and opportunity for abstract submitters, and will replace the traditional "moderated poster" session for finalists, (whereby they would present in front of their printed poster), with YI and student poster finalists session whereby they will present a 5 minute "mini-oral" presentation (3 minutes to present and 2 minutes Q&A) which will be judged in the same way as previous moderated poster sessions. No more than 5 slides can be presented in this timeframe. You will still have the opportunity to prepare and display your paper poster as well. These finalists will also be judged with the opportunity to win either the YI or Student poster award.

In this way, there are far greater opportunities to present an oral, within the program. Awards will be announced at the Conference Awards Dinner.

Finally, *ALL* posters accepted will have a dedicated time set aside in the program, to stand by their posters and answer questions to display their work. No awards are available for these poster sessions.

Please note therefore – if you select your preferred option as a **poster** during the abstract submission process, and you do not nominate for an award (or are not eligible) you will be awarded a paper poster only.

If you select your preferred option as a **poster** during the abstract submission process, and you **DO** nominate for an award (and are eligible) you may be invited to present up to 5 slides for 3 minutes plus 2 minutes Q&A, should you make the finalist list based on abstract scores. You should still prepare a paper poster for display.

Please contact [admin@yoursecretariat.com.au](mailto:admin@yoursecretariat.com.au) for any queries.

### ***Student Travel Grants***

To be considered for a grant you must be a financial student member of the AAS, a full-time student in Australia or New Zealand and presenting at the meeting and be located outside New South Wales.

If a travel grant is approved, available funds will be distributed based on a percentage of the economy return fare (maximum of 50% of return economy fare). A cheque will be available at the meeting.

If you are eligible and wish to be considered for a travel grant, you will have the opportunity to apply for this through the Abstract submission process.

Student travel grants will only be available to those student members have paid their annual subscription

Payment can be made via the membership area on [www.athero.org.au](http://www.athero.org.au) or phone Your Secretariat on 02 4356 0007

# CALL FOR ABSTRACTS BY 28 JULY

All those who wish to present oral or poster communications are invited to submit abstracts. **Deadline for submissions is: midnight Friday 28 July 2017.** It is anticipated that the final program and notification of presentation style will occur the week commencing 21 September 2017.

You must submit your abstract online by clicking on Abstract Submission button via the AAS website: <https://www.athero.org.au/meetings/2017-aas-annual-scientific-meeting/>

## Submitting an Abstract

Each presenting author will be able to submit up to 3 abstracts as part of the online process.

If you are submitting abstracts on behalf of another person, a separate submission record must be created with a different contact email address.

Information from the online form is utilised to generate the program, so please complete carefully. Presenting authors who have not registered to attend and paid by September 30 will be assumed to have withdrawn their abstract.

## Abstract acknowledgement

Receipt of abstracts will be acknowledged by an automated response at the time of submission. If you do not receive an email within 24 hours of abstract submission, please contact Your Secretariat.

## Oral Presentations

Oral presentations will be allowed 10 minutes with 5 minutes for questions.

## Poster Presentations

Display panels will be provided along with appropriate adhesive. The ideal poster size/orientation is either A0 size (portrait) or A1 size (landscape). Posters must not exceed 1200m in height or width.

## Abstract format

### Page size must be set to A4

- Abstract should fit into 1 page with Margins:
    - Top = 2 cm
    - Bottom = 13 cm
    - Left = 2 cm
    - Right = 2 cm
  - Apply 0.3cm paragraph indent to the right margin
  - Single line spacing must be used throughout
  - Ensure all lines, tables and figures fit within the margins
  - Single-spaced, justified typing only
  - 10pt Arial and symbol fonts only
  - Title in ALL CAPS AND BOLD
  - One line between title and name/affiliations
  - Names in upper and lower case, with family name followed by initials (e.g. Smith AB, Brown CD)
  - Affiliations commence on a new line, in italics (e.g. University of Melbourne, Victoria)
  - Underline the presenting author's name
  - One line between affiliations and body of abstract
  - Body of abstract to should contain the headings Background, Aims, Methods and Results, and Conclusions with each heading Bolded and on a new line Please make sure you adhere to the specified format. No editing to correct your errors will occur.
- Please make sure you adhere to the specified format. No editing to correct your errors will occur. A sample abstract is displayed below.

### EFFECT OF FISH DIETS AND WEIGHT LOSS ON SERUM LEPTIN CONCENTRATION IN OVERWEIGHT, TREATED-HYPERTENSIVE SUBJECTS

Mori TA<sup>1</sup>, Burke V<sup>1</sup>, Puddey IB<sup>1</sup>, Shaw JE<sup>2</sup>, Beilin LJ<sup>1</sup>

<sup>1</sup>School of Medicine and Pharmacology-Royal Perth Hospital, University of Western Australia and WAIMR, Perth and <sup>2</sup>International Diabetes Institute, Melbourne, Australia

**Background:** Leptin, a hormone secreted from adipocytes, regulates energy stores and energy balance. Obesity is associated with higher leptin concentrations, and weight loss results in a reduction in leptin levels. Evidence also suggests that fish oils rich in  $\omega$ 3 fatty acids lower leptin levels independent of body fat (Winnicki M, et al. Circulation 2002).

**Objective:** To examine whether dietary fish enhanced the effects of weight loss on serum leptin levels, in 69 overweight, treated hypertensive men and women.

**Design:** Subjects were randomised to either a daily fish meal (3.65g  $\omega$ 3 fatty acids), a weight reduction regimen, the two regimens combined or a control group for 16 weeks.

**Results:** 63 Subjects completed the study. Weight fell by 5.6 kg with energy-restriction. Changes from baseline to post-intervention in serum leptin were  $0.60 \pm 0.76$  ng/ml in the control group,  $1.20 \pm 0.79$  ng/ml in the fish group,  $-1.40 \pm 1.05$  ng/ml in the weight-loss group and  $-5.08 \pm 1.64$  ng/ml in the fish + weight-loss group. There was a significant fish-weight loss interaction ( $P=0.008$ ) on post-intervention serum leptin levels after adjustment for baseline levels, which was independent of post-intervention insulin.

**Conclusions:** A daily fish meal as part of a weight-reducing regimen was more effective than either measure alone at reducing leptin concentration. Cardiovascular risk is likely to be substantially reduced in overweight hypertensives by a weight loss program incorporating fish meals rich in  $\omega$ 3 fatty acids.

# REGISTRATION

## **Registration fees**

Prices are in AUD and are GST inclusive  
Earlybird registration ends on 18 August.

	<b>Earlybird</b>	<b>Standard</b>
Member	\$600.00	\$700.00
Non-member	\$735.00	\$790.00
Student member	\$475.00	\$550.00
Student non-member	\$550.00	\$650.00
Guest Ticket - Awards Dinner		\$110.00

## **Wednesday October 25**

### **Welcome Reception**

5.35 - 7.00pm Australian National Maritime Museum

## **Thursday October 26**

### **Conference dinner**

7.00 - 10.00pm L'Aqua, rooftop at Cockle Bay Wharf

## **Entitlements**

- Attendance at scientific sessions
- Conference satchel
- Abstract book
- Welcome reception (1 ticket)
- Conference dinner (1 ticket)
- Morning tea, lunch and afternoon tea on Wednesday and Thursday
- Morning tea and lunch on Friday

## **Registration**

To register go to:

<https://www.athero.org.au/meetings/2017-aas-annual-scientific-meeting/>

You may pay by:

- credit card online
- cheque
- EFT bank deposit

Tax receipts will be emailed after payment of registration fees.

## **Cancellation policy**

A cancellation received prior to September 22 will receive a full refund of registration/function fees less a cancellation fee of \$66.00 inc GST. Refunds for any cancellations after September 22 will only be made in exceptional circumstances, with the decision being made after the conclusion of the meeting

Substitutes are welcome at any time.

## **Registration acknowledgement**

All registrations will be acknowledged by automated email. Ensure you read your confirmation carefully and advise of any corrections promptly.

Registrants who have not submitted their payment by October 5 will be assumed to have withdrawn their registration.

## **Privacy**

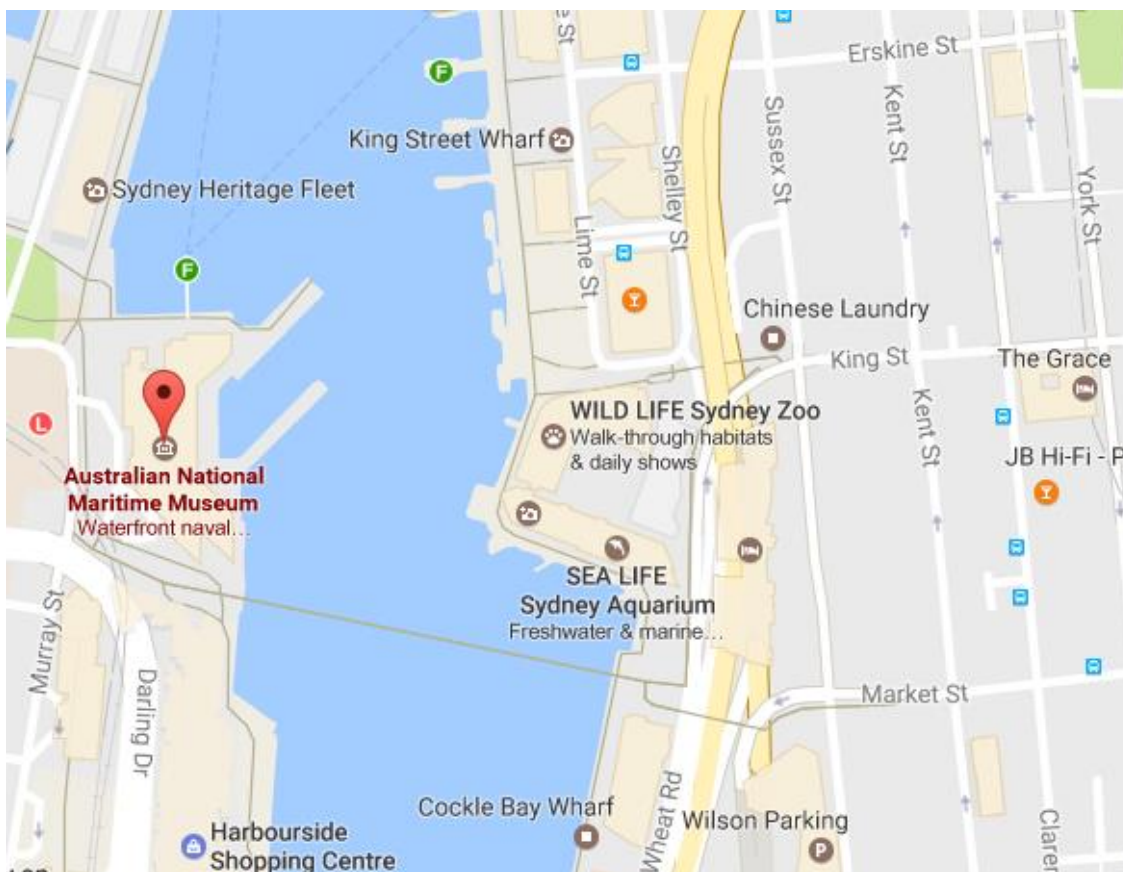
In accordance with the Privacy and Spam Acts we advise that information collected in the registration/abstract submission process will be held in databases on secure sites by Your Secretariat. It is the intention to use the information to communicate with you by email or phone and to provide a delegate list comprising name, institution, State and Country to delegates and sponsors. You may elect to not be included on this list.

# VENUE

Australian National Maritime Museum is the venue for the 2017 AAS ASM:



2 Murray St,  
Sydney NSW 2000  
T: + 61 2 9298 3777  
<http://www.anmm.gov.au>  
**Location Map**



# ACCOMMODATION

## Hyatt Regency Darling Harbour (850 m walk)

161 Sussex Street, Sydney NSW 2000

Tel: +61 2 8099 1234

[website](#)

The Hyatt Regency Sydney is offering AAS ASM Delegates a 10% discount off the best available online rate. To take advantage of this special offer, please book directly with the hotel by calling 1300 558 100 and quote the code 'BQST'. Please note that all rooms booked are fully pre-paid and non-refundable.



## **Ibis Sydney Darling Harbour**

70 Murray Street, Pyrmont NSW 2009

Tel: +61 2 9563 0888

[website](#)



## **The Grace Hotel (1.0 km walk)**

77 York Street, Sydney NSW 2000

Tel: +61 2 9272 6888

[website](#)





**Novotel Sydney on Darling Harbour**

70-100 Murray St Pyrmont, NSW 2009

Tel: +61 2 9288 7180

[website](#)



## SPONSORS

