

# NATIONAL FH REGISTRY



AFFIX LABEL HERE

<b>DEMOGRAPHICS</b>	Hospital ID:		
Dr:	Family name:		
Date:	Given names:		
Home:	Address:		
Mobile:	PC:	Sex:	DOB:
Email:			
Country of birth/ethnic origin:			

INDEX    RELATIVE Index/relationship:

CLINICAL DATA – FH Score		Score	Patient Score
<b>1.0</b>	<b>Family History</b>		
<b>1.1</b>	First degree relatives with known premature coronary and vascular disease (Men < 55 years, Females < 60 years) <b>Father / Mother / Other:</b> _____	<b>1</b>	
<b>1.2</b>	<b>OR</b> First degree relatives with known LDL-cholesterol (LDL-C) above the 95 <sup>th</sup> percentile (for age and sex) <b>Father / Mother / Other:</b> _____		
<b>1.3</b>	First degree relatives with tendinous xanthomata and/or arcus cornealis	<b>2</b>	
<b>1.4</b>	<b>OR</b> Have children aged less than 18 years with LDL-C above the 95 <sup>th</sup> percentile (for age and sex)		
<b>2.0</b>	<b>Clinical History</b>		
<b>2.1</b>	Patient with premature coronary artery disease (Men < 55 years, Females < 60 years) <b>MI: age at first</b> _____ <b>CABG: age at first</b> _____ <b>PCI: age at first</b> _____	<b>2</b>	
<b>2.2</b>	Patient with premature cerebral or peripheral vascular disease (Men < 55 years, Females < 60 years) <b>Age at first</b> _____	<b>1</b>	
<b>3.0</b>	<b>Physical examination</b>		
<b>3.1</b>	Tendinous xanthomata <b>Right / Left / Bilateral</b>	<b>6</b>	
<b>3.2</b>	Arcus cornealis prior to age 45 years <b>Right / Left / Bilateral</b>	<b>4</b>	
<b>4.0</b>	<b>Low Density Lipoprotein Cholesterol, LDL-C (mmol/L)</b>		
<b>4.1</b>	LDL-C ≥ 8.5	<b>8</b>	
<b>4.2</b>	LDL-C 6.5-8.4	<b>5</b>	
<b>4.3</b>	LDL-C 5.0-6.4	<b>3</b>	
<b>4.4</b>	LDL-C 4.0-4.9	<b>1</b>	

UNTREATED LDL: \_\_\_\_\_ mmol/L  
**OR**  
 TREATED LDL: \_\_\_\_\_ mmol/L  
 Treatment: (write over page)  
 LDL adjusted for treatment \_\_\_\_\_ mmol/L

FH Diagnostic Categories: Definite >8, Probable 6-8, Possible 3-5, Unlikely 0-2

**FH Score:** 

**FAMILY TREE**

BIOCHEMISTRY PROFILE			CURRENT MEDICATION <small>*L – Lipid H – Hypertensive D – Diabetic A – Antithrombotic O – Other</small>				
	Untreated	Treated	Name	Type*	Dose	Frequency	Commenced
Date							
TC							
LDL							
TG							
HDL							
ApoB							
ApoA1							
Lp(a)							
AST							
ALT							
CK							
Alb							
Creat							
CRP							

Compliance:  Full  Irregular  Non-compliant  Intolerant

Details if intolerant:

**CLINICAL DATA – Other CVD Risk Factors**

Smoking:  Yes  Never  Ex-smoker Pack years: \_\_\_\_\_

Alcohol:  Yes – daily  Yes – once/twice a week  Yes – occasional  Never  Former

Hypertriglyceridaemia:  Yes  No  Unknown

Hypertension:  Yes  No  Unknown BP: Systolic: \_\_\_\_\_ Diastolic: \_\_\_\_\_ BPM: \_\_\_\_\_

Diabetes:  Yes  No  Unknown Glucose (mmol/L): \_\_\_\_\_ HbA1c (%): \_\_\_\_\_

Chronic kidney disease:  Yes  No  Unknown eGFR (ml/min/1.73m<sup>2</sup>): \_\_\_\_\_

Hypothyroidism:  Yes – treated  Yes – untreated  No  Unknown TSH (mU/L): \_\_\_\_\_

Hepatic steatosis:  Yes  No  Unknown

Observed weight status:  Underweight  Healthy weight  Overweight  Obese

Height (m): \_\_\_\_\_ Weight (kg): \_\_\_\_\_ BMI: \_\_\_\_\_ Waist circumference (cm): \_\_\_\_\_

Other significant medical conditions:

**GENETIC DATA**

DNA test:  Yes  No – service not available  No – not consented  No – not offered

Date: \_\_\_\_\_ Genotype:  None identified  Hetero.  Compound Hetero.  Homozygous

Gene Variant:  LDLR  APOB  PCSK9 Description: \_\_\_\_\_

Pathology:  Pathogenic  Non-pathogenic  Variant of uncertain significance

**IMAGING**

Carotid Ultrasound:  Yes – normal  Yes – abnormal  No  Unknown Date: \_\_\_\_\_

Echocardiogram (resting):  Yes – normal  Yes – abnormal  No  Unknown Date: \_\_\_\_\_

Coronary Artery Calcium Score: Score: \_\_\_\_\_ Percentile: \_\_\_\_\_ Date: \_\_\_\_\_

CT Coronary Angiogram:  Yes – normal  Yes – abnormal  No  Unknown Date: \_\_\_\_\_

Other: \_\_\_\_\_ Date: \_\_\_\_\_

APHERESIS  Yes  No

**ADDITIONAL NOTES**